

## Host Church

All Souls Unitarian Universalist Church  
1330 Gotham St.  
Watertown, NY 13601

Phone: 315-788-2742.  
Web Site: [www.allsoulsuu.org](http://www.allsoulsuu.org)



Scan for church website.

## Directions

**From I-81: Take exit 45.** Turn east onto Arsenal St. in direction of downtown Watertown and follow it about 1.5 miles to the intersection at Rt. 11 / Massey Street. Turn right and follow signs for Rt. 11, proceeding to Clinton St. Turn left onto Clinton, go 2 blocks to Rt. 11/ Washington St. Turn right onto Washington St. to light at Thompson Blvd. Turn left onto Thompson Blvd. and continue for .5 mi to stop sign at base of hill. Turn right onto Gotham St. and proceed up hill to church (light green modern building) on right.

## Friday Tourism

Local Attractions include:

- Thompson Park (across from church on Gotham St.)
- The New York State Zoo at Thompson Park ([www.nyszoo.org](http://www.nyszoo.org))
- Whitewater Rafting on the Black River / Whitewater Challengers (1.800.443.RAFT)
- 4 parks which border Lake Ontario: Contact with Lake, hiking, picnicking, and swimming
  - ◆ Robert G. Wehle State Park ◆ Southwick Beach State Park
  - ◆ Westcott Beach State Park ◆ Black Pond WMA
- St. Lawrence River and Boldt Castle ([www.boldtcastle.com](http://www.boldtcastle.com))

## Friday Night Entertainment

Time: 7 pm Refreshments in the Eaton Lounge at 8 pm  
Entertainment: Musical Celebration of Universalism  
Location: Sanctuary

Join us for an opening ceremony that will celebrate and embody the saving message of Universalism. How does the experience of music help us live out our Universalist values? What does it tell us about the community we build together? Join us for rhythm and song, and an experience of the holy in music.

## Accommodations

Best Western Watertown, NY **Web:** <http://tinyurl.com/qeoumr3>  
300 Washington St. (315) 782-8000  
Watertown, NY 13601 \$79 double occupancy  
For Home Hospitality, please contact Karen West at 315- 938-5582

### Registration Fees

#### Fill out the enclosed paper form or register online

Adult \$30/person, pre-register, \$35 at the door  
\$45 per couple in advance, \$50 at the door  
\$5 for students\*

Fill out enclosed form and mail with payment to **NYSCU, PO Box 428, Oneonta, NY 13820**  
To register online: <https://www.formdesk.com/uiforms/NYSCU>.

**Please register by September 29.**

#### Scholarships are available.

One free registration to any congregation that has not attended in five years.

\* (supported by Gini Courter's & Dan McKanan's honoraria)

# & NYSCU Conference Annual Meeting 2014

*Universalism:  
Growing Through Love*



Friday, October 3 – Saturday, October 4

All Souls Unitarian Universalist Church, Watertown

**188th Annual Meeting of the New York State Convention of Universalists**

## Opening Worship

Rev. Eugene “Guy” LaMothe, Consulting Minister-  
All Souls Unitarian Universalist Church, Watertown, NY

## Keynote Speaker

### Growing With the Universalist

### Message of Love.

Rev. Christana Wille McKnight



A church and its theology are inextricably linked. As we talk about the future of our faith and what it means to be Unitarian Universalist today in our congregations, being aware of the theology that we come from and are living into is essential to what it means to be a spiritual and religious institution. Without the strength and clarity of a vital message, our congregations will likely have no future but to continue to shrink as a percentage of the population, becoming an ever smaller part of our society. By voicing the compelling message of Universalism, however, a different future can be created and lived into by our faith.

Join us as we share the story of how one small congregation has grown from a membership of under twenty people to over ninety in just two years, with the Universalist message of love at its center. Learn how we can all grow our churches through Universalism, and how our message can strengthen our churches and change our world.

“In Minneapolis a few years ago she gave the most interesting GA workshop I’ve ever attended, on “How to Grow Unitarian Universalism by Keeping Our Kids.” I think she’d be a tremendous keynoter.” - Michael Scott

## Keynote Response / Q & A Session

## Saturday Schedule

8:00 Continental breakfast and registration  
9:00 Opening worship  
9:15 – 10:00 Keynote  
10:00 - 10:30 Responses and Q&A  
10:30 break  
10:50 Business Meeting  
11:45 Lunch  
12:45 *First workshop session*  
1:45 Break  
2:00 *Second workshop session*  
3:00 Closing worship  
3:15 End of the meeting

**Rev. Christana Wille McKnight** was brought up a Unitarian Universalist in Minneapolis, Minnesota. Always spiritually curious, she majored in Religious Studies at Scripps College in Claremont, California and graduated with honors from Andover Newton Theological School in Newton Center, MA, in 2005. She was ordained the same year. Christana’s experiences in ministry have been shaped by the years she has spent in working in different Unitarian Universalist churches and organizations, as well as her five years as a long-term care and hospice chaplain. She loves to wrestle with the “big questions” of life like, “Why are we here?” or “What does it mean to forgive?” Since coming to First Parish in Taunton in April of 2012, Christana has overseen significant growth in the congregation, and looks forward to continued vitality and joy in the community. Christana lives in Seekonk, Massachusetts with her husband Eric and their two children; Bryson, born in 2007 and Deliah, born in 2009.

## Session I

### Workshop 1- Harmonize the Body with Sound

Jeff Gregory of Pyramid Wellness Center (Room 8)

In sound therapy, resonance principles are engaged to re-harmonize the cells that have been imprinted with disruptive frequencies. This method will release unwanted blockages and bring the body back to an ideal balance. We will begin by demonstrating how to harmonize the body using a gong, clear crystal singing bowls and tuning forks and end with a gong and chords of Angelic Singing Bowls to balance everyone in the room.

### Workshop 2- Moving Music Forward: Integrating Music and Universalist Worship

Matt Meyer (Room 2)

Music has the ability to engage our hearts and bodies together in an integrated worship experience. In this workshop, we’ll discuss what makes for a transformative music experience. We’ll also learn about creating new musical elements of worship that engage the congregation and deepen our connections with one other.

## Session II

### Workshop 3- Growing our Faith by Keeping our Kids

Rev. Christana Wille McKnight (Sanctuary)

We all agree that children are essential to our future. So why do we have such a problem keeping the kids who are raised in our churches as Unitarian Universalist? In this presentation, we will discuss the retention of our youth into adulthood as a denomination, backed up by research and statistical analysis. We will also discuss some of the possible reasons for our low retention rates, and what we can do to change our outcomes to become a faith for those from other religions as well as those “home grown” in our own congregations.

### Workshop 4- Happiness Workshop

We all need a little extra dose of happiness in our lives and Andre and Judy deZanger from NYC, will provide us with a large serving of it, in this workshop. They run a Creativity Conference in the Berkshires annually in the fall and have made creativity their life’s passion and ministry.

## Closing Worship

Rev. Eugene “Guy” LaMothe.

## Lunch Information

Continental breakfast and lunch provided.

