Name			
Address			
Phone			
Email			
Congregation _			
Check all appli	abla itama		
	vations must be made b	y October 1, 2012) <b>:</b>	
I need cl	nildcare for Friday evenir	ng, October 12 <sup>th</sup>	
		tobor 19th	
I need cl	nildcare for Saturday, Oc	IODEL 13.	
Child's I am a De (Delegates are ei	Name(s) elegate from my congreg		
Child's I am a De (Delegates are ei	Name(s) elegate from my congreg ligible for mileage and hou erly signed.)	gation	
Child's I am a De (Delegates are en credentials prope I'd like a	Name(s) elegate from my congreg ligible for mileage and hou erly signed.) display table	gation	ve delegate
Child's I am a De (Delegates are el credentials prope I'd like a I have sp	Name(s) elegate from my congreg ligible for mileage and hou erly signed.) display table	gation using allowance. Please ha	ve delegate
Child's I am a De (Delegates are el credentials prope I'd like a I have sp Indicate your V	Name(s) elegate from my congreg ligible for mileage and hou erly signed.) display table ecial needs (food, acces Vorkshop Choices	gation using allowance. Please ha	ve delegate
Child's I am a De (Delegates are el credentials prope I'd like a I have sp  Indicate your V Series I (A-C)	Name(s) elegate from my congreg ligible for mileage and hou erly signed.) display table ecial needs (food, acces Vorkshop Choices First Choice	gation <i>Ising allowance. Please ha</i> s, etc.)	-
Child's I am a De (Delegates are el credentials prope I'd like a I have sp Indicate your V Series I (A-C) Series II (D, E)	Name(s) elegate from my congreg ligible for mileage and hou erly signed.) display table ecial needs (food, acces Vorkshop Choices First Choice	gation using allowance. Please ha s, etc.) Second Choice	-
Child's I am a De (Delegates are el credentials prope I'd like a I have sp Indicate your V Series I (A-C) Series II (D, E) PLEASE REMIT Registration:	Name(s) elegate from my congreg ligible for mileage and hou erly signed.) display table ecial needs (food, acces <b>Vorkshop Choices</b> First Choice First Choice	gation using allowance. Please ha s, etc.) Second Choice Second Choice	-
Child's I am a De (Delegates are el credentials prope I'd like a I have sp Indicate your V Series I (A-C) Series II (D, E) PLEASE REMIT Registration:	Name(s) elegate from my congreg ligible for mileage and hou erly signed.) display table ecial needs (food, access Vorkshop Choices First Choice First Choice First Choice	gation using allowance. Please ha s, etc.) Second Choice Second Choice	-

186<sup>TH</sup> ANNUAL MEETING OF THE NEW YORK STATE CONVENTION OF UNIVERSALISTS

# 2012 NYSCU ANNUAL MEETING

Caring: For Ourselves, One Another, and the World - Many Forms





See inside for detailed workshop and registration information on this weekend of exciting and enriching UU activities!

NYS<sup>V</sup>CU

## 2012 NYSCU ANNUAL MEETING

Caring: For Ourselves, One Another, and the World - Many Forms

October 12-13, 2012 Unitarian Universalist Congregation of Saratoga Springs 624 North Broadway, Saratoga Springs, New York 12866 administrator@uusaratoga.org

### **Keynote Speaker**

### **Rev. Dr. Lee Barker**



A life-long Unitarian Universalist, Lee comes to Meadville Lombard after twenty-five years in the parish ministry. He has held pulpits in Pennsylvania and New Jersey. Most recently, he served as senior minister of Neighborhood Unitarian Universalist Church in Pasadena, California. Each of his ministries has contributed to a surge in institutional growth, a renewed commitment to social justice and the adoption of a far ranging religious and spiritual vision. Prior to

his presidency, he held a variety of leadership roles in Unitarian Universalist theological education. He and his wife Kristina have a daughter, Ava.

"I believe Unitarian Universalism offers a route to true transformation both for individuals and the larger world, that our religious perspective has the possibility of bringing all life closer to wholeness. The degree to which we are successful in this venture is directly related to the quality of our ministry. And a ministry of excellence is shaped by a sound education. The mission of Meadville Lombard is sweeping, it is to knit together every part of the fragmented world."

## Lodging

#### Limited availability for both options; please book as soon as possible.

#### Saratoga Downtowner

413 Broadway, Saratoga Springs, New York 2866

For reservations, call (518) 584-6160 and mention the NYSCU Conference for the special rates of \$79 (1 double bed) or \$89 (king or 2 double beds) **Conference rate is available until Oct 1**<sup>st</sup>.

OR

#### **UUCSS bed and breakfast rooms**

\$95 per night (single or double) For reservations, call Sally Kirouac (518) 580-9264 or Arliss Nygard (518) 584-2314

#### **Bed & Breakfast Package:**

Includes: two nights lodging (Thursday—Friday, October 11-12), lunch at a local favorite restaurant, a custom walking tour of historic downtown Saratoga Springs, and a local information packet. \$230 single occupancy or \$135 per person for double occupancy.

### **Other Activities**

#### Walking Tour of Downtown Saratoga Springs: 1:30 pm, Friday, October 12<sup>th</sup>

Custom tour introducing participants to the initial discovery of Saratoga's springs and the subsequent development of the community as a Gilded Era resort that combined horse racing and gambling with 'taking the waters'. Tour historic Congress Park and its Casino and get inside of one of Saratoga's turn-of-the century great houses. \$20 per person

### **Special request for all attendees**

In the spirit of caring for one another, please bring clean clothing or nonperishable food items for a service agency in Saratoga Springs. Thank you!

### Where

Unitarian Universalist Congregation of Saratoga Springs 624 North Broadway Saratoga Springs, New York 12866

## Directions

**From NYS Thruway**, take exit 24 and merge onto I-87N/I-90 toward Albany/ Montreal. Take exit 1N to merge onto I-87N toward Albany International Airport/Montreal. From Northway (I-87) exit 15, take Route 50, west. Follow Route 50 until fourth traffic light, Rock Street. Turn right; the Church is at the first stop sign, at the corner of Rock Street and North Broadway.

## **Musical Act**

### **Dan Berggren**



Folk musician (and member of the Saratoga Springs UU Congregation) **Dan Berggren** will perform a concert titled *"Caring for the Earth and Each Other"* on Friday, October 12<sup>th</sup>, at 8:00 pm.

Dan Berggren's roots are firmly in the Adirondacks where he was raised but his music has branched out across many borders. The award-winning musician and educator grew up on the land farmed by his mother's family for

generations and has worked in the woods with forest ranger and survey crews. Hearing stories and songs from local friends and neighbors, Dan has developed a style that captures the spirit of the mountains.

Dan has entertained audiences throughout New York State, from Vermont to Kentucky and Texas, and overseas in the British Isles, Eastern Europe and Central Africa. Some of his songs have been symphonically arranged, giving Dan the opportunity to perform with orchestras in Fredonia, Ithaca, Syracuse, West Virginia and Indiana.

## **Schedule of Events**

### Friday, October 12th (at Saratoga Springs Church)

7:30 pm	Registration, opening welcome, refreshments
8:00 pm	Concert: Dan Berggren (Adirondack native, composer, folksinger, educator, a founder of Fredonia congregation and current member of Saratoga Springs church)

(continued on page 4)

## Schedule of Events (con't.)

PLEASE NOTE: \* All events after lunch on Saturday, October 13<sup>th</sup>, will take place at Skidmore College \*

### Saturday, October 13th

8:45 am Registration, coffee

- 9:00 am Morning Worship w/ the Rev. Thomas Mikelson, UUCSS
- 9:20 am Keynote Speaker: Lee Barker, President, Meadville-Lombard Theological School - "*Ministry for the 21st Century: The View From a Theological School*"

10:05 am Break

- 10:20 am Responses and discussion of keynote
- 10:45 am Business Meeting of the New York State Convention of Universalists
- 11:30 am Lunch

#### (Note: the following events after will take place at Skidmore College)

- 1:00 pm **Workshop Session #1** (at Skidmore College) Topics: Contemplation, social action, compassion at the end of life
- 2:10 pm **Workshop Session #2** (at Skidmore College) Topics: Contemplation and Forms of Ministry
- 3:10 pm Closing Ceremony (Wilson Chapel, Skidmore College)

## Workshop Series I

### A. Ministering to Yourself Using Meditation - 1:00 pm

Tim Hart, a meditator for more than 30 years, will introduce participants to what meditation is and how it's practiced. Meditation helps us deal with life more clearly, re-energize ourselves, and opens our hearts so we can uplift those around us. All are welcome to attend.

# Workshop Series I (con't.)

#### B. Whose Decision Is It? - 1:00 pm

How can we best care for others who are facing the end of life, and how can we best prepare ourselves for our lives? Advanced planning, with necessary documentation, is critical in caring for ourselves and our families regarding end-of-life issues. Wills. Living wills. Desires regarding extreme measures in the event of an accident. Hospice. Hydration. Power of attorney. Computer programs for scheduling caregivers. The location of important documents. Memorial service or funeral wishes.

An attorney, a social work instructor, a nurse, and a minister review these issues and more.

### C. Social Justice commitments that work - 1:00 pm

How can congregations partner with other institutions in the community to put our commitment to Social Justice into practice? What are the rewards and challenges of such partner agreements? Members of the Saratoga Springs congregation set an example.

## **Workshop Series II**

#### D. What is a Church? Who are Ministers? - 2:10 pm

UU churches in New York – and other states – are living with a wide range of religious leadership: full-time settled ministers; part-time resident or non-resident ministers; interim ministers; contract ministers; consulting ministers; no minister. A roundtable discussion of forms of ministry and ministering explores how these many options serve congregations in the early 21<sup>st</sup> Century.

#### E. Mindful Meditation - 2:10 pm

Learn ancient mindfulness meditation techniques that can be practiced at home, and some that can be used in everyday, contemporary life situations to bring out our innate serenity, wisdom, and compassion. Margaret LaFrance, M.M. has been a student of meditation for over two decades, under the personal guidance of one of the foremost teachers of mindfulness meditation.